



M E N U

• W I N T E R •

Quality

Simplicity

Conviviality

Authenticity

Organic Bread

Served with our organic butter, organic jams & organic spreads.

BAKER'S BREAD BASKET **6.95**

selection of different slices of organic bread

and organic baguette

PORTION OF BAGUETTE **3.95**

SOURDOUGH BREAD ROLL **2.95**

OMEGA 3 SOURDOUGH BREAD ROLL **2.95**

HAZELNUT & RAISIN FLUTE **4.25**

Breakfast

Served with our organic butter, organic jams & organic spreads.

LE PAIN QUOTIDIEN BREAKFAST **13.45**

pain au chocolat or butter croissant, organic

sourdough wheat bread and organic baguette,

orange juice or organic apple juice and

a classic organic hot drink

• with an organic soft boiled egg **+2.75**

HAM & CHEESE CROISSANT **7.95**

butter croissant with Belgian farmers

ham and Gouda cheese, served warm

PAIN PERDU **9.95**

prepared with our brioche, served with roasted apple,

blueberries, fresh mint and sour cream

MINI PANCAKES **10.95**

served with banana, blueberries, grapes, pomegranate,

fresh mint, sour cream and strawberry jam



BREAKFAST BOWL **14.95**

quinoa tabbouleh, mesclun, two organic baked eggs,

cherry tomatoes, guacamole, parsley, lemon and

superseeds, served with organic cannabis-hemp bread

MANHATTAN BREAKFAST **14.95**

Atlantic smoked salmon, ricotta with fresh herbs,

mesclun, organic soft boiled egg, selection of slices

of organic bread and organic baguette

Cereals, Fresh Fruit & Yoghurt

GRANOLA PARFAIT **9.95**

organic granola, fresh fruit and fresh mint,

choice between organic plain yoghurt,

organic skyr or organic soy yoghurt

YOGHURT WITH FRESH FRUIT **8.95**

choice between organic plain yoghurt,

organic skyr or organic soy yoghurt

FRESH FRUIT SALAD ^v **7.95**

Organic Eggs

All our eggs are organic & come from free-range chicken.

SOFT BOILED EGGS (1 OR 2) **4.65 | 6.95**

served with organic baguette and

organic sourdough wheat bread soldiers

BAKED EGGS (1 OR 2) **4.65 | 6.95**

served with organic baguette and

organic sourdough wheat bread

SCRAMBLED EGGS **10.95**

served with organic baguette and organic

sourdough wheat bread

• with grilled bacon **+3.75**

• with avocado **+3.75**

• with Atlantic smoked salmon **+4.75**

SCRAMBLED EGGS TOAST **15.95**

toasted organic sourdough wheat bread, organic

scrambled eggs, avocado, cherry tomatoes,

coriander and organic pesto rosso

BRUNCH **24.95**

pain au chocolat or butter croissant,

organic sourdough wheat bread and organic baguette,

mini granola parfait (organic plain yoghurt, organic

skyr or organic soy yoghurt), organic soft boiled egg,

classic organic hot drink and choice between organic

apple juice, orange juice or mimosa or bellini

choose between:

THE FARMER

served with Belgian farmers

ham and a selection of cheeses

(Gouda & goat cheese)

THE ANGLER

served

with Atlantic

smoked salmon

PREMIUM BRUNCH **+6**

"Farmer" or "Angler" Brunch, served with two organic

baked eggs instead of a soft boiled organic egg,

a fresh fruit salad and a glass of organic crémant

Sides

CHEESES (GOUDA & GOAT CHEESE) **4.65**

BELGIAN FARMERS HAM **7.65**

BELGIAN FARMERS HAM & CHEESE **7.65**

ATLANTIC SMOKED SALMON **9.95**

Viennoiseries

Served with our organic jams & organic spreads.

BUTTER CROISSANT **3.95**

PAIN AU CHOCOLAT **3.95**

PAIN AUX RAISINS **3.95**

SMALL BRIOCHE **3.95**

TORTILLON **4.75**

APPLE PUFF PASTRY **4.75**

CHOCOLATE TWIST **4.75**

CINNAMON ROLL ^v **4.75**

HIBISCUS CROISSANT ^v **4.75**

ALMOND CROISSANT **4.95**

CARRÉ CRÈME **4.95**

PISTACHIO SWIRL **4.95**




BETTER CHOICES: COLLECT 5 EXTRA POINTS WITH TARTINE CLUB

Food Allergens: All our dishes are prepared in an environment where gluten is present. If you have any questions, do not hesitate to ask us and we'll help in any way we can. We work with fresh ingredients and the composition of our dishes can vary.

V • VEGAN

Tartines

Served on our organic sourdough wheat bread.
Our tartines are also available on 1/2 organic baguette.


-  **HUMMUS & POMEGRANATE ^V** **9.95**
with cucumber, pickled red onion,
parsley and homemade slightly spicy oil
- BELGIAN BEEF TARTARE** **16.95**
organic Belgian beef, Parmesan, basil oil
and organic sundried tomatoes
- TUNA** **13.95**
with hummus, celery, chives,
radish and cucumber
- ITALIAN** **16.95**
dried ham, mozzarella di bufala D.O.P.,
organic pesto rosso, cherry tomatoes and basil oil
-  **AVOCADO TOAST ^V** **13.95**
toasted organic sourdough wheat bread
with guacamole, cucumber, radish,
superseeds and citrus-cumin salt
 - with organic scrambled eggs **+2.75**
 - with Atlantic smoked salmon **+4.75**
- CROQUE MONSIEUR** **17.95**
toasted organic sourdough wheat bread (*double*)
with Belgian farmers ham, Gouda cheese
served with organic tomato salsa and a mixed salad
-  **GARDENER'S CROQUE ^V** **15.95**
toasted organic sourdough wheat bread
with hummus, grilled zucchini,
organic pesto rosso, served with a mixed salad,
avocado with superseeds, vegan vinaigrette
and organic tomato salsa
- CHICKEN & SMOKED MOZZARELLA TOAST** **17.95**
toasted organic sourdough wheat bread
with free-range chicken, smoked mozzarella,
grilled zucchini, basil oil and parsley

Seasonal Specials


-  **QUINOA PORRIDGE** **10.95**
with organic skyr, dried cranberries, banana,
blueberries, grapes, nuts & fresh mint
- SOURDOUGH FLATBREAD WITH
TWO ORGANIC BAKED EGGS** **14.95**
topped with a citrus-cumin-spiced organic
skyr, roasted cherry tomatoes, parsley and
homemade slightly spicy oil
-  **SOURDOUGH FLATBREAD WITH
WHITE BEANS SPREAD & FETA** **17.45**
with mixed greens, mix of sprouted cress
and homemade slightly spiced oil
 - with dried Serrano ham **+3.5**
-  **SOURDOUGH FLATBREAD WITH
MOZZARELLA DI BUFALA D.O.P.
& ROASTED VEGETABLES** **17.45**
with mushroom spread, roasted butternut,
broccoli and portobello, pickled red onion,
parsley and homemade slightly spicy oil
 - with dried Serrano ham **+3.5**
-  **CHICKPEA "CHUNA" TARTINE ^V** **14.95**
superseeds bread topped with chickpea
salad, pickled red onion and cucumber,
mix of sprouted cress and lemon
-  **SEAWEED SALAD ^V** **12.95**
with grated carrot, Romaine salad,
cherry tomatoes, radish, coriander,
organic furikake and soy sauce
 - with sardines in olive oil **+4.5**
-  **MEDITERRANEAN POT AU FEU** **14.95**
seasonal vegetable broth with spices served
with croutons of organic cannabis-hemp bread,
baguette, mix of sprouted cress and Parmesan
 - with quinoa ^V **+1.5**
 - with free-range chicken **+3.5**

Salads

Served with organic bread & organic butter.


- CAESAR** **17.95**
free-range chicken, grilled bacon, Parmesan chips,
homemade organic croutons, organic hard boiled egg,
Romaine salad and Caesar dressing
- WARM GOAT CHEESE** **17.95**
fresh goat cheese, toasted organic hazelnut raisin flute,
mesclun, organic granola, cherry tomatoes,
cucumber, grapes, chives and blueberry dressing
-  **ATLANTIC SMOKED SALMON & QUINOA** **18.95**
Nordic rye bread, mesclun, quinoa tabbouleh,
guacamole, ricotta with fresh herbs,
sprouted cress, dill, lemon and herb sauce

OUR COMBOS

-  **DAILY BAKER'S LUNCH** **16.95**
a big bowl of organic soup of the day,
½ tartine of the day and a mixed salad
- TARTINE LUNCH** **14.95**
Gouda and Belgian farmers ham tartine,
tuna tartine **or** avocado toast ^V,
homemade lemonade **or** still **or** sparkling water
 - pastel de nata **or** plain Belgian waffle **+ 2.95**

Hot Dishes

- QUICHE**
portion served with a mixed salad
 - Lorraine **15.95**
 - feta and spinach **15.95**
 - seasonal **16.95**
 - salmon and leek **17.95**

-  **ORGANIC SOUP OF THE DAY ^V** **5.45 | 8.45**
served with organic sourdough wheat bread,
organic homemade croutons, organic baguette
and organic butter

Sides

- MIXED SALAD ^V** **3.65**
- GUACAMOLE ^V** **4.65**
- AVOCADO ^V** **3.95**
- HUMMUS ^V** **4.65**



Order one of our
BETTER CHOICES

& collect **5 Extra points**
in our loyalty programme

Tartine Club

All organic ingredients are certified by Certisys BE-BIO-01

Prices include VAT and service

V • VEGAN

Desserts

MADELEINE	1.95
CHOCOLATE COOKIE	2.95
HONEY-GRAPE COOKIE	2.95
CHOCOLATE ÉCLAIR	5.75
MERVEILLEUX	6.95
APPLE-CINNAMON TARTLET	5.95
CARAMEL TARTLET	5.95
LEMON MERINGUE TARTLET	5.95
RASPBERRY MERINGUE TARTLET	5.95
FRESH FRUIT TARTLET	6.95
MANGO CHEESECAKE	6.95
CHERRY CRUMBLE PIE	6.95
CHOCOLATE CAKE ^v	5.75
BELGIAN WAFFLE	6.95

served with banana and chocolate sauce

BELGIAN CHOCOLATE BROWNIE	5.75
PASTEL DE NATA	2.95
PAIN PERDU	9.95

AFTERNOON BREAK	8.65
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slice of tart of the day and a classic

organic hot drink

SLICED

CHOCOLATE BOMB	6.95
CHEESECAKE RED FRUITS	6.95
APPLE-CHERRY CRUMBLE ^v	6.95
CHOCOLATE TART	5.95
RICE TART	5.95

Organic Hot Drinks

All of our hot drinks are available with organic milk of your choice: whole, almond or oat. Some of our drinks are also available in iced versions. Ask our hosts !

CLASSICS

ESPRESSO	3.75
DOPPIO	3.95
ESPRESSO MACCHIATO	3.95
AMERICANO	3.95
LONG BLACK	4.75
CAPPUCCINO	4.75
FLAT WHITE	4.95
MOCHA	4.95
LATTE MACCHIATO	5.75
CARAMEL LATTE MACCHIATO*	6.75
EXTRA ESPRESSO SHOT	+ 1
BELGIAN HOT CHOCOLATE	4.95
TEA	4.75

English breakfast, earl grey, chunmee, jasmine, rooibos, chamomile, masala chai

TEA WITH FRESH MINT **	4.95
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SPECIALITIES

GINGER ELIXIR	4.95
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herbal tea with ginger, lemon*, fresh mint** and agave syrup

GOLDEN LATTE	5.95
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with curcuma, ginger and maca

CHAÏ LATTE	5.75
MATCHA LATTE	6.95
LE LATTE QUOTIDIEN*	5.95

latte with crispy caramel pearls and agave syrup

** the fresh mint is not organic

Cold Drinks

ORGANIC APPLE JUICE	4.95 6.95
ORANGE JUICE	4.95 6.95
DETOX COLD PRESSED JUICE	5.95

- apple, active charcoal and lime
- organic carrot, ginger and turmeric
- organic pear, spinach and mint

HOMEMADE LEMONADE	5.95
HOMEMADE RASPBERRY LEMONADE	5.95
HOMEMADE GREEN ICED TEA	4.95
STILL WATER - BRU 25cl 50cl	3.25 4.95
SPARKLING WATER - BRU 25cl 50cl	3.25 4.95

OUR FAVORITES

HOMEMADE PEACH ICED TEA	5.75
HOMEMADE PASSION FRUIT ICED TEA	5.75
SEA SALT CARAMEL FRAPPÉ	6.45
CHOCOLATE COOKIE FRAPPÉ	6.45
WITH ESPRESSO SHOT	+ 1

Beers

CRISTAL 25cl - 0%	3.95
VEDETT EXTRA WHITE 33cl - 4.7%	4.95
VEDETT EXTRA PILSNER 33cl - 5.2%	4.95

Organic Wines & Bubbles

Oé are ambassadors of sustainable viticulture in the respect of the biodiversity & the wine growers. Their wines are certified organic & without pesticides.

WINES

OÉ WHITE - AOC LANGUEDOC	6.45 30
OÉ ROSÉ - IGP MÉDITERRANÉE	6.45 30
OÉ RED - AOC LANGUEDOC	6.45 30

SPARKLING

MIMOSA OR BELLINI *	7.45
CRÉMANT D'ALSACE	7.45 38