



ALLERGEN STATEMENT – EN

Le Pain Quotidien NL

SPRING 2025

Le Pain Quotidien Allergen Statement

Le Pain Quotidien The Netherlands



Le Pain Quotidien takes allergens very seriously and we make every effort to contain and control the risk of cross-contamination of allergens in our restaurants. Nevertheless, since we operate in an open space. Therefore, we would ask you to bear in mind that we use the following ingredients in our kitchens and that there is always a possibility of cross-contamination for each of them.



Gluten; wheat (such as spelt or Khorasant wheat), rye, barley, oats or their hybrid varieties.



MUSTARD



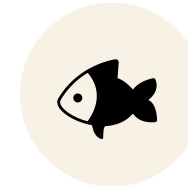
SESAME



MILK



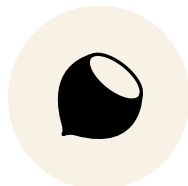
SELERY



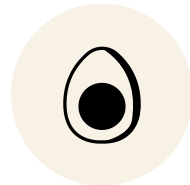
FISH



SULPHITE
(in concentrations higher than 10 mg/kg or 10 mg/litre).



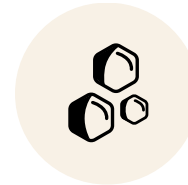
NUTS



EGGS



SOY



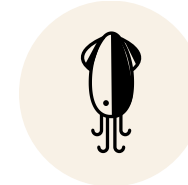
LUPIN



PEANUTS



SHELLFISH



MOLLUSCS

The available information on allergens should be used as an evaluation tool to inform our customers before they consume any of our dishes, so that they have the chance to choose the items they consider most suitable to their personal sensitivity level. Full and detailed information on allergens in all our dishes can be requested in our shop. Please address the manager.

(*) Possible presence or traces present.

PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
BREAD														
Baguette	Yes (wheat, malt, rye)	*		*	*		*	*	*	*	*	*		
Multigrain baguette	Yes (wheat, malt, rye)	*		*	*		Yes	*	*	*	*	*		
Wheat bread 2kg	Ja (wheat, rye)	*		*	*		*	*	*	*	*	*		
Spelt bread	Ja (wheat, rye, spelt)	*		*	*		*	*	*	*	*	*		
Rye bread	Yes (wheat, malt, rye)	*		*	*		*	*	*	*	*	*		
White bread	Yes (wheat, malt, rye)	*		*	*		*	*	*	*	*	*		
Cannabis-hemp bread	Yes (wheat)	*		*	*		*	*	*	*	*	*		
Pain Nordique	Yes (wheat, barley, rye, oats, malt, spelt)	*		*	*		Yes	*	*	*	*	*		
Superseeds bread	Yes (buckwheat, oats)	*		*	*		Yes	*	*	*	*	*		
Whole wheat bread	Yes (wheat, malt, rye)	*		*	*		*	*	*	*	*	*		
Grey bread with seeds	Yes (wheat, barley, rye, oats, malt)	*		*	*		Yes	*	*	*	*	*		
Gluten free bread (uncut)	*	*		*	*		Yes	*	Yes	*	*	*		
Ciabatta	Yes (wheat, malt, barley)	*		*	*		*	*	*	*	*	*		
Sprouted Rye bread	Yes (wheat, malt, barley)	*		*	*		*	*	*	*	*	*		
Sourdough flatbread	Yes (wheat, rye)	*		*	*		*	*	Yes	*	*	*		
Protein bread	Yes (wheat, spelt, rye)	*		*	*		*	*	*	*	*	*		

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
VIENNOISERIES														
Croissant	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Chocolate croissant	Yes (wheat)	Yes		*	Yes		*	*	Yes	*	*	*		
Almond croissant	Yes (wheat)	Yes		*	Yes		*	Yes (almond)	*	*	*	*		
Nuts-raisins flute	Yes (wheat, rye)	*		*	*		*	Yes (hazelnut)	*	*	*	*		
Mini Brioche	Yes (wheat, malt)	Yes		*	Yes		*	*	*	*	*	*		
Brioche	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Vegan hibiscus croissant	Yes (wheat)	*		*	*		*	*	*	*	*	*		
Vegan cinnamon roll	Yes (wheat, malt)	*		*	*		*	*	Yes	*	*	*		
Chocolate torsade	Yes (wheat)	Yes		*	Yes		*	*	Yes	*	*	*		
Breakfast muffin	Ja (wheat, oats)	*		*	*		*	Yes	Yes	*	*	*		
Spinach swirl	Yes (wheat)	Yes		*	Yes		*	Yes	*	*	*	*		
Pistachio Swirl	Yes (wheat)	Yes		*	Yes		*	Yes (pistachio)	*	*	*	*		
Chocolate cruffin	Yes (wheat)	Yes		*	*		*	*	Yes	*	*	*		
Easter brioche	Yes (wheat)	Yes		*	Yes		*	Yes (hazelnuts)	Yes	*	*	*		

(*) Possible presence or traces present.

PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
BREAKFAST & BRUNCH														
Chia delice	*	*		*	*		*	Yes (almond)	Yes	*	*	*		
Mini pancakes	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Granola Parfait (full fat yoghurt)	Yes (oats)	Yes		*	*		*	Yes (cashew, almond)	*	*	*	*		
Granola Parfait (Soy yoghurt)	Yes (oats)	*		*	*		*	Yes (cashew, almond)	Yes	*	*	*		
Fruit salad	*	*		*	*		*	*	*	*	*	*		
Yoghurt with fruit (full fat yoghurt)	*	Yes		*	*		*	*	*	*	*	*		
Yoghurt with fruit (Soy yoghurt)	*	*		*	*		*	*	Yes	*	*	*		
Soft boiled egg	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Scrambled eggs natural	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Scrambled eggs salmon	Yes (wheat, barley, rye)	Yes		Yes	Yes		*	*	*	*	*	*		
Scrambled eggs bacon	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Scrambled eggs avocado	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Scrambled eggs salmon - avocado	Yes (wheat, barley, rye)	Yes		Yes	Yes		*	*	*	*	*	*		
Omelette natural	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Omelette salmon	Yes (wheat, barley, rye)	Yes		Yes	Yes		*	*	*	*	*	*		
Omelette goat cheese	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Omelette ham-cheese	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Flatbread with fried eggs	Yes (wheat, rye)	Yes		*	Yes		*	*	Yes	*	*	*		

(*) Possible presence or traces present.

PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
BREAKFAST & BRUNCH														
Breakfast Bowl	Yes (wheat, rye)	*		*	Yes		*	*	*	*	Yes	Yes		
Protein pancakes	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
French toast	Yes (wheat, rye, barley)	Yes		*	Yes		*	*	*	*	*	*		
Waffle with red fruit	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Croissant ham and cheese	Yes (wheat, rye, barley)	Yes		*	Yes		*	*	*	*	*	*		
Breakfast Le Pain Quotidien	Yes (wheat, rye, barley)	Yes		*	Yes		*	*	*	*	*	*		
Le Petit	Yes (wheat, rye, barley)	Yes		*	Yes		*	*	*	*	*	*		
Farmers Brunch	Yes (wheat, rye, barley)	Yes		*	Yes		*	Yes (cashew, almond)	*	*	*	*		
Brunch	Yes (wheat, rye, barley)	Yes		*	Yes		*	Yes (cashew, almond)	*	*	*	*		
Vegan Brunch	Yes (wheat, rye, barley)	*		*	*		Yes	Yes (cashew, almond)	Yes (Soy yoghurt)	*	*	*		
REMEMBER !!! PLEASE NOTE THE CHOICE OF VIENNOISERIE IN BREAKFAST & BRUNCH FOR ALLERGENS														
Croissant	Yes (wheat, rye, barley)	Yes		*	Yes		*	*	*	*	*	*		
Chocolate croissant	Yes (wheat, rye, barley)	Yes		*	Yes		*	*	Yes	*	*	*		
Vegan hibiscus croissant	Yes (wheat, malt)	*		*	*		*	*	*	*	*	*		

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
TARTINES & TOASTS														
Avocado toast	Yes (wheat, rye)	*		*	*		*	*	*	*	*	*		
Avocado toast with egg	Yes (wheat, rye)	*		*	Yes		*	*	*	*	*	*		
Avocado toast with smoked salmon	Yes (wheat, rye)	*		Yes	*		*	*	*	*	*	*		
Salmon gravlax	Yes (wheat, spelt, rye)	Ja		Ja	*		*	*	*	*	*	*		
Smoked chicken & mozzarella	Yes (wheat, rye)	Yes		*	*		*	*	*	*	Yes	*		
LPQ Croque	Yes (wheat, rye)	Yes		*	*		*	*	*	*	Yes (in dressing and ketchup)	Yes (in dressing)		
Hummus with grilled vegetables	Yes (wheat, rye)	*		*	*		Yes	*	*	*	*	*		
Hummus with grilled vegetables flatbread	Yes (wheat, rye)	*		*	*		Yes	*	*	*	*	*		
Italian	Yes (wheat, rye)	Yes		*	*		*	Yes (cashew)	*	*	*	*		
Italian flatbread	Yes (wheat, rye)	Yes		*	*		*	Yes (cashew)	*	*	*	*		
Tuna	Yes (wheat, rye)	*		Yes	*		Yes	*	*	*	Yes	Yes		
Muhammara flatbread	Yes (wheat, rye)	*		*	*		*	Yes	Yes	*	*	*		

ALLERGENS IN THE BREAD SERVED WITH THE DISH

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
SALADS														
Tuna & Grains	Yes (wheat, barley, rye)	*		Yes	*		*	*	Yes	*	Yes	Yes		
Caesar salad	Yes (wheat, barley, rye) → also in crostini	Yes		Yes (in dressing)	Yes		*	*	*	*	Yes	*		
Panzanella salad	Yes (wheat, barley, rye) → also in crostini	*		*	*		*	*	Yes	*	Yes	Yes		
Burrata & heirloom	Yes (wheat, rye, oats, barley)	Yes		*	*		Yes	*	*	*	*	*		
QUICHES & WARM DISHES														
Quiche Lorraine	Yes (wheat)	Yes		*	Yes		*	*	*	*	Yes	Yes		
Quiche feta spinach	Yes (wheat)	Yes		*	Yes		*	*	*	*	Yes	Yes		
Quiche salmon leek	Yes (wheat)	Yes		Yes	Yes		*	*	*	*	Yes	Yes		
Quiche eggplant	Yes (wheat)	Yes		*	Yes		*	*	*	*	Yes	Yes		
Soup of the day	Yes (wheat, barley, rye)	*		*	*		*	*	*	Yes	*	*		
Bakkers lunch	Yes (wheat, barley, rye)	*		*	*		*	*	*	Yes	Yes	Yes		
Vegan Dressing	*	*		*	*		*	*	*	*	Yes	Yes		

ALLERGENS IN THE BREAD SERVED WITH THE DISH

(*) Possible presence or traces present.

PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
SMALL BITES														
Mezze Avocado Mash	Yes (wheat, rye, barley)	*		*	*		*	*	*	*	*	*		
Mezze Hummus	Yes (wheat, rye, barley)	*		*	*		Yes	*	*	*	*	*		
Mezze Salmon rilette	Yes (wheat, rye, barley)	Yes		Yes	Yes		*	*	*	*	Yes	*		
Mezze Muhammara	Yes and in bread (wheat, barley, rye)	*		*	*		*	Yes	*	*	*	*		
SIDES/EXTRA'S														
Bio egg	*	*		*	Yes		*	*	*	*	*	*		
Old cheese	*	Yes		*	*		*	*	*	*	*	*		
Ham	*	*		*	*		*	*	*	*	*	*		
Serrano ham	*	*		*	*		*	*	*	*	*	*		
Hummus	*	*		*	*		Yes	*	*	*	*	*		
Salmon	*	*		Yes	*		*	*	*	*	*	*		
Bacon	*	*		*	*		*	*	*	*	*	*		
Avocado mash	*	*		*	*		*	*	*	*	*	*		
Mozzarella	*	Yes		*	*		*	*	*	*	*	*		
Feta	*	Yes		*	*		*	*	*	*	*	*		
Salad	*	*		*	*		*	*	*	*	Yes	Yes		

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
DESSERTS														
Lemon tartlet with meringue	Yes (wheat)	Yes		*	Yes		*	Yes (almond)	*	*	*	*		
Mini Lemon tartlet	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
(Mini) Caramel tartlet	Yes (wheat)	Yes		*	Yes		*	Yes (hazelnut)	*	*	*	*		
Mini Raspberry tartlet	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Mini Chocolate tartlet	Yes (wheat)	Yes		*	Yes		*	*	Yes	*	*	*		
Apple-cinnamon tart	Yes (wheat)	Yes		*	Yes		*	Yes (almond)	*	*	*	*		
Brownie	*	Yes		*	Yes		*	*	Yes	*	*	*		
Cherry crumble	Yes (wheat)	Yes		*	Yes		*	Yes (almond)	*	*	*	*		
Pastel de Nata	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Éclair	Yes (wheat)	Yes		*	Yes		*	*	Yes	*	*	*		
Cheesecake	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Chocolate tart	*	Yes		*	Yes		*	*	Yes	*	*	*		
Apple red fruit crumble vegan	Yes (wheat)	*		*	*		*	*	*	*	*	*		
Meringue-raspberry tartelette	Yes (wheat)	Yes		*	Yes		*	Yes (almond)	Yes	*	*	*		
Madeleine	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Raspberry tartlet with white chocolate	Yes (wheat)	Yes		*	Yes		*	*	Yes	*	*	*		
Raspberry tartlet with dark chocolate	Yes (wheat)	Yes		*	Yes		*	*	Yes	*	*	*		
Strawberry croustade	Yes (wheat)	Yes		*	Yes		*	Yes (almond)	*	*	*	*		

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
HOT DRINKS														
Espresso	*	*		*	*		*	*	*	*	*	*		
Espresso Macchiatto	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Coffee	*	*		*	*		*	*	*	*	*	*		
Cappuccino	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Latte Macchiato	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Mochaccino	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	Yes (in chocolate sauce)	*	*	*		
Chai Latte	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Flat White	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Hot chocolate milk	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	Yes (in chocolate sauce)	*	*	*		
Fresh mint tea	*	*		*	*		*	*	*	*	*	*		
Ginger tea	*	*		*	*		*	*	*	*	*	*		
Tea all varieties	*	*		*	*		*	*	*	*	*	*		
Ginger elixir	*	*		*	*		*	*	*	*	*	*		
Matcha Latte	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		

(*) Possible presence or traces present.

PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
COLD / ICED DRINKS														
Orange juice	*	*		*	*		*	*	*	*	*	*		
Apple juice	*	*		*	*		*	*	*	*	*	*		
Lemonade / mint lemonade	*	*		*	*		*	*	*	*	*	*		
Iced Latte or Cappuccino	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Iced Chai Latte	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Iced Matcha Latte	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		
Juice pear, mint, spinach	*	*		*	*		*	*	*	*	*	*		
Juice carrot, turmeric orange	*	*		*	*		*	*	*	*	*	*		
Juice lime and activated charcoal	*	*		*	*		*	*	*	*	*	*		
Smoothie	*	*		*	*		*	*	*	*	*	*		
Still water	*	*		*	*		*	*	*	*	*	*		
Sparkling water	*	*		*	*		*	*	*	*	*	*		
Iced tea	*	*		*	*		*	*	*	*	*	*		
Passion fruit refresher	*	*		*	*		*	*	*	*	*	*		
Peach refresher	*	*		*	*		*	*	*	*	*	*		
Salted caramel frappe	*	Yes		*	*		*	*	*	*	*	*		
Chocolate cookie frappe	Yes	Yes		*	*		*	*	*	*	*	*		
Cold Brew	*	*		*	*		*	*	*	*	*	*		
Iced Caramel Latte Machiatto	Yes (if oat milk)	Yes (if milk)		*	*		*	Yes (if almond milk)	*	*	*	*		

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
ALCOHOL														
Rosé		*		*			*	*	*	*	*	Yes		
White		*		*			*	*	*	*	*	Yes		
Red		*		*			*	*	*	*	*	Yes		
Frizzante		*		*			*	*	*	*	*	Yes		
Mimosa		*		*			*	*	*	*	*	Yes		
Bellini		*		*			*	*	*	*	*	Yes		
Vedett	Yes (wheat, barley)	*		*			*	*	*	*	*	*		
IJwit	Yes (wheat, barley)	*		*			*	*	*	*	*	*		
Vrijwit	Yes (wheat, barley)	*		*			*	*	*	*	*	*		

ALLERGENS IN THE BREAD SERVED WITH THE DISH

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
CATERING PLATEAUS														
Mini viennoiserie	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	Yes	*	*	*		
Viennoiserie	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	Yes	*	*	*		
Vegan viennoiserie	Yes (wheat, malt)	*		*	*		*	*	Yes	*	*	*		
Viennoiserie mixed assortment	Yes (wheat, barley, rye)	Yes		*	Yes		*	Yes	Yes	*	*	*		
Mini croissants salmon	Yes (wheat, barley, rye)	Yes		Yes	Yes		*	*	*	*	Yes	*		
Mini croissants ham-cheese	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Mini croissants avocado mash	Yes (wheat, barley, rye)	Yes		*	Yes		*	*	*	*	*	*		
Granola parfait & fruit salad	Yes (wheat, oats)	Yes (if full fat yoghurt)		*	*		*	Yes	Yes (if Soy yoghurt)	*	*	*		
Fruit Salad (10p)	*	*		*	*		*	*	*	*	*	*		
Mini chia pudding	*	*		*	*		*	Yes (almond)	*	*	*	*		
Mini breakfast bowl	Yes (wheat, rye)	*		*	Yes		*	*	*	*	Yes	Yes		
Caprese salad	Yes (wheat, barley, rye)	Yes		*	*		*	*	*	*	Yes	Yes	*	
Caesar salad	Yes (wheat, barley, rye) → also in crostini	Yes		Yes (in dressing)	Yes		*	*	*	*	Yes	*		
Panzanella salad	Yes (wheat, barley, rye) → also in crostini	*		*	*		*	*	Yes	*	Yes	Yes		
Goat cheese salad	Yes (wheat, barley, rye) → also in granola	Yes		*	*		*	Yes	*	*	Yes	Yes		
Tuna & Grains	Yes (wheat, barley, rye)	*		Yes	*		*	*	Yes	*	Yes	Yes		
Vegan Dressing	*	*		*	*		*	*	*	*	Yes	Yes		

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
Plateau tartines (in bread)	Yes (wheat, rye)	*		*	*		*	*	*	*	*	*		
Plateau brioches	Yes (wheat, malt)	Yes		*	Yes		*	*	*	*	*	*		
Plateau baguettes	Yes (wheat, malt, rye)	*		*	*		*	*	*	*	*	*		
Plateau ciabatta	Yes (wheat, malt, rye)	*		*	*		*	*	*	*	*	*		
Avocado mash	Yes	*		*	*		*	*	*	*	*	*		
Salmon	Yes	Yes		Yes	Yes (in sauce)		*	*	*	*	Yes (in sauce)	*		
Smoked chicken & mozzarella	Yes	Yes		*	*		*	*	*	*	Yes	*		
Goat cheese & tomato	Yes	Yes		*	*		*	*	*	*	*	*		
Eggs salad	Yes	*		*	Yes		Yes	*	*	*	Yes	*		
Tuna	Yes	*		Yes	*		Yes	*	*	*	Yes	Yes		
Hummus	Yes	*		*	*		Yes	*	Yes	*	*	*		
Italian	Yes	Yes		*	*		*	Yes	*	*	*	*		
Old cheese	Yes	Yes		*	Yes (in sauce)		*	*	*	*	Yes (in sauce)	*		
Breakfast Classique	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Breakfast Signature	Yes (wheat, malt, oats)	Yes		*	Yes		*	Yes (almond, pistachio, cashew)	Yes	*	*	*		
Lunch Classique	See allergens salads, tartines / baguettes + flavour and desserts (mini tartlets)													
Lunch Signature	See allergens salads, tartines / baguettes + flavour, quiches and dessert (pastel de nata)													

(*) Possible presence or traces present.



PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
Mezze plateau avocado mash	Yes (wheat, barley, rye)	*		*	*		*	*	*	*	*	*		
Mezze plateau hummus	Yes (wheat, barley, rye)	*		*	*		Yes	*	*	*	*	*		
Mezze plateau salmon rillette	Yes (wheat, barley, rye)	Yes		Yes	Yes		*	*	*	*	Yes	*		
Mezze plateau bieten hummus	Yes (wheat, barley, rye)	*		*	*		Yes	*	*	*	*	*		
Crudités	*	*		*	*		Yes	*	*	*	*	*		
Cheese plateau	Yes (wheat, rye)	Yes		*	*		Yes	Yes	*	*	*	*		
Plateau smoked salmon	Yes (wheat, barley, rye, oats, malt, spelt)	Yes		Yes	*		Yes	*	*	*	*	*		
Quiches	See allergens Quiches & warm dishes													

(*) Possible presence or traces present.

PRODUCT	GLUTEN	MILK	MOLLUSCS	FISH	EGGS	PEANUTS	SESAME	NUTS	SOY	SELLERY	MUSTARD	SULPHITE	LUPIN	SHELLFISH
Mini tartlets	Yes (wheat)	Yes		*	Yes		*	Yes	Yes	*	*	*		
Cut cakes	Yes (wheat)	Yes		*	Yes		*	*	Yes	*	*	*		
Coffee break	Yes (wheat)	Yes		*	Yes		*	Yes (almond)	*	*	*	*		
Belgian waffles	Yes	Yes		*	Yes		*	*	Yes	*	*	*		
Cut up fruits	*	*		*	*		*	*	*	*	*	*		
Pastel de Nata	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Madeleine	Yes (wheat)	Yes		*	Yes		*	*	*	*	*	*		
Chocolate caramel nut muffin	Yes (wheat, oat)	*		*	*		*	Yes	Yes	*	*	*		
Blueberry and crumble muffin	Yes (wheat, oat)	*		*	*		*	*	Yes	*	*	*		
Chocolate chip cookie	Yes (wheat, oat)	*		*	*		*	*	Yes	*	*	*		
Oatmeal-raisin cookie	Yes (wheat, oat)	*		*	*		*	*	Yes	*	*	*		
Tarts	See allergens Desserts													
Cold drinks	See allergens Cold drinks													
Wines / beers	See allergens Alcohol													