



M E N U

• S P R I N G - S U M M E R •



SEE ALLERGENS

Quality

Simplicity

Conviviality

Authenticity



Authenticity

Enjoy the flavors of summer on your plate with our sourdough flatbread with muhammara!

Muhammara is a sauce of Syrian origin, made from simple and natural ingredients such as roasted red pepper and walnut. Its rich and slightly sweet taste pairs perfectly with our sourdough flatbread, highlighting the authenticity and purity of flavors.

As one of our "Better Choices", this is the perfect dish for a delicious and healthy indulgence.



Discover more about our "Better Choices" in this seasonal menu.

Breakfast & Brunch

| | |
|--|------------------------|
| LE PAIN QUOTIDIEN BREAKFAST 775Kcal | 13⁹⁵ |
| pain au chocolat or croissant, bread and baguette, soft boiled egg, orange juice or apple juice and a hot drink | |
| • WITH SCRAMBLED EGGS 819Kcal | +2⁰⁰ |
| BAKED HAM & CHEESE CROISSANT 365Kcal | 7⁵⁰ |
| ham and Emmental cheese | |
| PAIN PERDU 579Kcal | 11⁵⁰ |
| prepared with our brioche, served with strawberries, blueberries, fresh mint and sour cream | |
| BUTTERNUT SQUASH, CARAMELISED ONION & GOATS CHEESE FRITTATA ^N 566Kcal | 12⁹⁵ |
| with mesclun, cherry tomato, pickled cucumber, cider vinaigrette, baguette and wheat bread | |
| MINI PANCAKES 549Kcal | 9⁹⁵ |
| mini Dutch pancakes served with strawberries, banana, blueberries, grapes, fresh mint, sour cream and strawberry jam | |
|  BREAKFAST BOWL 539Kcal | 12⁹⁵ |
| bulgur tabbouleh, mesclun, two organic poached eggs, cherry tomatoes, guacamole, parsley, cider vinegar, lemon and superseeds, served with organic cannabis-hemp bread | |

BRUNCH COMBO ^N

pain au chocolat or croissant, mini granola parfait, bread and baguette, soft boiled egg, a hot drink and choose either an apple juice, orange juice or peach Bellini

choose either:

| | |
|--------------------------------------|------------------------|
| FARMER 1093 / 1180Kcal | 16⁹⁵ |
| ham and Emmental cheese | |
| ANGLER 963 / 1050Kcal | 16⁹⁵ |
| Severn & Wye cold smoked salmon | |
| VEGETARIAN 939Kcal | 15⁹⁵ |
| roast tomatoes & roast mushrooms | |
| • WITH SCRAMBLED EGGS 183Kcal | +2⁰⁰ |

Organic Bread

| | |
|--|--|
| BAKERS BASKET ^N 521Kcal / 1119Kcal | SMALL LARGE |
| selection of organic breads served with organic butter, organic jams & organic spreads | 7⁰⁰ 9⁹⁵ |

We want to create healthy food that is good for our guests and the planet. We are Food Made Good members of the Sustainable Restaurant Association.

Our meat is all from free range British farms and our fish is approved by the Marine Stewardship Council. Our eggs are organic and sourced from British farms.

We can't guarantee that any of our food is 100% free from traces of allergens as we handle all types of allergens in our kitchens. Always tell a member of our team about any allergies or intolerances you have before you order. We add an optional service charge of 12.5% to all orders. If you do not wish to pay this service charge, please ask a member of the team and we will remove it. At Le Pain Quotidien we have a seating time limit. The table is yours for 2 hours however this can be reviewed for special occasions.

Organic Eggs


| | |
|--|--|
| SOFT BOILED EGGS (1 OR 2) 300Kcal / 450Kcal | 3⁵⁰ 4⁹⁵ |
| served with toasted bread | |
| SCRAMBLED EGGS 484Kcal | 11⁹⁵ |
| served with toasted bread | |
| • with half avocado 642Kcal | 12⁹⁵ |
| • with bacon 630Kcal | 13⁹⁵ |
| • with ham 548Kcal | 13⁹⁵ |
| • with Severn & Wye cold smoked salmon 569Kcal | 13⁹⁵ |
| SCRAMBLED EGGS TOAST 569Kcal | 11⁹⁵ |
| toasted organic sourdough wheat bread, organic scrambled eggs, avocado, cherry tomatoes, coriander, chives and pesto rosso | |

Side Breakfast

Add any of the below to your dishes or order as a side

| | |
|---|-----------------------|
| ROASTED TOMATOES ^{V1GF} 11Kcal | 2⁵⁰ |
| EMMENTAL CHEESE 110Kcal | 3⁰⁰ |
| HALF AVOCADO ^{V1GF} 159Kcal | 3⁰⁰ |
| HAM 66Kcal | 4⁰⁰ |
| BACON 146Kcal | 4⁰⁰ |
| SEVERN & WYE COLD SMOKED SALMON 85Kcal | 5⁰⁰ |

Cereals, Fresh Fruits & Yoghurt

| | |
|--|-----------------------|
| GRANOLA PARFAIT ^N 447Kcal | 8⁵⁰ |
| with Greek yoghurt, seasonal fruits and mint | |
|  CHIA RED FRUITS DELICE ^{V1N1GF} 403Kcal / 562Kcal | 7⁹⁵ |
| made with organic almond milk, raspberry puree, fresh raspberries, strawberries, blueberries and dark chocolate. With your choice between organic Greek yoghurt or organic soy yoghurt | |
| PORRIDGE ^{V1N} 699Kcal | 7⁵⁰ |
| topped with blueberries, raspberries, strawberries, banana and walnuts | |
| BIRCHER MUESLI WITH FRESH FRUITS ^V 428 Kcal | 8⁹⁵ |
| overnight oats made with organic soy yoghurt, served with blueberries, raspberries, strawberries, banana, chia seeds and fresh mint | |
| FRESH FRUIT SALAD ^V 109Kcal | 5⁵⁰ |

Viennoiseries

All our viennoiseries are served with our jams and spreads

| | |
|--|-----------------------|
| CROISSANT 223Kcal | 3³⁰ |
| VEGAN CROISSANT ^V 230Kcal | 3³⁰ |
| ALMOND CROISSANT ^N 365Kcal | 4⁵⁰ |
| PAIN AU CHOCOLAT 311Kcal | 3⁷⁵ |
| PAIN AUX RAISIN 317Kcal | 3⁵⁰ |
| CINNAMON SWIRL ^{V1N} 277Kcal | 4⁵⁰ |
| PISTACHIO SWIRL ^N 481Kcal | 4⁵⁰ |

Tartines


A Belgian classic served on our sourdough bread

OUR SIGNATURE TARTINES

| | |
|--|------------------------|
| SEVERN & WYE SMOKED SALMON 524Kcal | 14⁵⁰ |
| with butter, pickled cucumber, radish, chives and dill dressing | |
| PARMA HAM & MOZZARELLA ^N 569Kcal | 13⁹⁵ |
| with red pesto, cherry tomatoes, parsley and watercress pesto | |
|  HUMMUS, BROCCOLINI & SPROUTED CRESS 483Kcal | 9⁹⁵ |
| with a mix of green sprouted cress and homemade slightly spicy oil | |
| ORGANIC EGG & MUSTARD SPROUTED CRESS 656Kcal | 11⁹⁵ |
| served on cannabis - hemp bread with egg mimosa, sprouted cress and lemon | |
| • with smoked salmon 739Kcal | +2⁵⁰ |

Toasted Tartines

Served on our signature toasted sourdough bread

| | |
|--|------------------------|
|  AVOCADO TOAST ^V 522Kcal | 11⁹⁵ |
| toasted organic sourdough wheat bread with guacamole, cucumber, radish, superseeds and citrus-cumin salt | |
| • with a poached egg 749Kcal | +2⁵⁰ |
| • with smoked salmon 605Kcal | +2⁵⁰ |
| CROQUE MONSIEUR 966Kcal | 14⁹⁵ |
| with ham and cheese served with a mixed green salad | |
|  GARDENER'S CROQUE ^V 911Kcal | 13⁹⁵ |
| toasted organic sourdough wheat bread with hummus, grilled courgette, pesto rosso, served with a mixed salad, avocado, superseeds, cider vinegar dressing and organic tomato salsa | |
| SMOKED CHICKEN & MOZZARELLA 634Kcal | 14⁹⁵ |
| with roasted courgette, parsley and watercress pesto | |

We're continually striving towards an even more sustainable offering that is good for the planet and our customers and we're proud to reveal a menu with an emphasis on seasonal and plant-based dishes. We're encouraging our customers towards plant-based options and proving that this choice doesn't come at the expense of quality and taste.

All our vegan pastries and dishes are marked with a "V".

All our dishes served with, or on our organic breads are also available with gluten free bread.

#LPQSmallSteps


V - VEGAN
GF - GLUTEN FREE
N - CONTAINS NUTS

Salads

All salads are served with a side of bread.



| | |
|---|------------------------|
| CHICKEN CAESAR 679Kcal | 16⁹⁵ |
| with grilled bacon, parmesan chips, homemade organic croutons, organic soft boiled egg, romaine salad and Caesar dressing | |
|  PANZANELLA ^V 705Kcal | 14⁹⁵ |
| mix of green peas, edamame and roasted fennel, broccolini, mesclun, homemade organic baguette croutons, watercress pesto, dill, parsley, lemon and cider vinegar dressing | |
| • with mozzarella 907Kcal | +2⁵⁰ |
| WARM GOAT CHEESE ^N 766Kcal | 15⁹⁵ |
| fresh goat cheese, crostini, mesclun, organic granola, cherry tomatoes, cucumber, grapes, chives, blueberry dressing and cider vinegar | |
| SALMON NICOISE 883Kcal | 16⁹⁵ |
| hot smoked salmon with a mix of green peas, edamame and roasted fennel, broccolini, soft boiled egg, mesclun, homemade organic baguette croutons, watercress pesto, dill, parsley, lemon and cider vinegar dressing | |

OUR FAVOURITE

| | |
|--|------------------------|
|  BAKERS DAILY LUNCH 621Kcal | 15⁹⁵ |
| soup of the day, ½ tartine of the day and a mixed green herb salad | |

Hot Dishes

All hot dishes are served with a side of bread.

| | |
|---|------------------------|
|  ORGANIC SOUP OF THE DAY ^V 505Kcal | 9⁹⁵ |
| served with our homemade croutons | |
|  QUICHE LORRAINE 914Kcal | 12⁹⁵ |
| portion served with a mixed green salad | |

Side Dishes

Add any of the below to your dishes or order as a side

| | |
|--|-----------------------|
| POACHED EGG ^{GF} 44Kcal | 2⁵⁰ |
| PORTOBELLO MUSHROOM ^{V1GF} 29Kcal | 2⁵⁰ |
| SMASHED AVOCADO ^{V1GF} 175Kcal | 3⁰⁰ |
| MIXED GREEN HERB SALAD ^{V1GF} 63Kcal | 2⁵⁰ |
| SIDE BREAD ^V 160Kcal | 3⁷⁵ |

Seasonal Specials

| | |
|--|------------------------|
| SUISSE MUESLI 281Kcal | 3⁹⁵ |
| viennoiserie with raisins, muesli and agave | |
| FRESH STRAWBERRY BOWL 54Kcal | 5⁹⁵ |
| with fresh mint | |
| SOURDOUGH FLATBREAD WITH TWO ORGANIC BAKED EGGS 817Kcal | 13⁹⁵ |
| topped with a citrus-cumin-spiced Greek yoghurt, roasted cherry tomatoes, parsley and homemade spicy oil | |
|  BETTER CHOICE SALAD 847Kcal | 16⁹⁵ |
| bulgur tabbouleh, roasted fennel, green peas and edamame, sardine, Charentais melon, cherrytomatoes, avocado, superseeds and a mix of sprouted cress, served with our sprouted grains bread, olive oil and parsley | |
| FISHERMAN LUNCH 480Kcal | 13⁹⁵ |
| germinated grains bread served with sardines | |
|  SOURDOUGH FLATBREAD, MUHAMMARA & ROASTED VEGETABLES 585Kcal | |
| with a mix of green sprouts, peas and edamame, roasted fennel, parsley and homemade slightly spicy oil | |
| • with mozzarella 748Kcal | 16⁵⁰ |
| • or Parma Ham 655Kcal | |
| • with mozzarella | 19⁵⁰ |
| • and Parma Ham 818Kcal | |
| QUICHE ASPARAGUS & BRIE 874Kcal | 13⁹⁵ |
| portion served with a mixed salad | |
| RASPBERRY YOGHURT SMOOTHIE 198Kcal | 5⁶⁰ |
| made with organic greek yoghurt, topped with granola | |

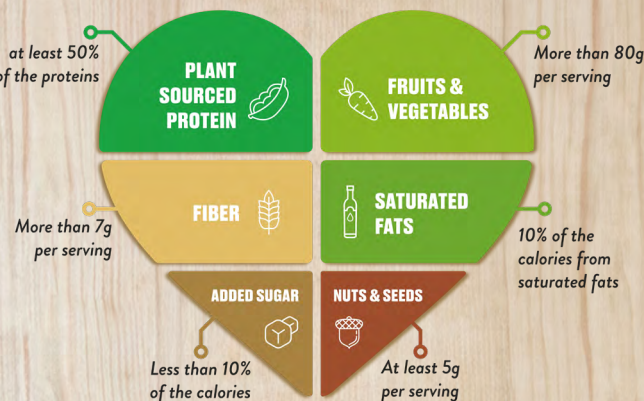
Food Allergens: We can't guarantee that any of our food is 100% free from traces of allergens as we handle all types of allergens in our kitchens. Always tell a member of our team about any allergies or intolerances you have before you order.

While we take steps to minimize risk and safely handle the foods that contain potential allergens (amongst others: gluten, milk, eggs, sesame, soya, nuts, celery, mustard, sulphites) please be advised that cross contamination may occur. As we are working with fresh ingredients, the composition may vary according to availability.

Le Pain Quotidien is a national living wage employer, with all roles being paid more than the statutory minimum and all of the service charge that is collected goes straight to our teams. All organic ingredients are certified by Certisys. Price include VAT

Enjoy the taste of living better

Every choice you make with us is a conscious choice for a tasty and nutritious meal and we don't say this lightly. Your wellbeing is our priority. Our nutritionist has set 6 criteria for our menu and we measure everything we do against those guidelines so that you can enjoy your meal carefree.



Did you know that dishes with the "Better Choices" symbol adhere to at least 5 out of the 6 criteria? Full of flavour and good for your health.

Scan the QR code: find out more about our "Better Choices" and the nutritional information for each dish.



Desserts

PÂTISSERIE & HOT DRINK

8⁹⁵

pair any of our cakes, tarts or brownies with any hot drink

LEMON TART ^{359Kcal} 6⁹⁵

FRESH FRUIT TART ^{559Kcal} 6⁹⁵

CHOCOLATE GANACHE TART ^{559Kcal} 7⁵⁰

BAKEWELL TART ^{N 490Kcal} 7⁵⁰

CHOCOLATE BROWNIE ^{GF 374Kcal} 4⁹⁵

BELGIAN WAFFLE ^{450Kcal} 7⁹⁵

served with strawberries and chocolate sauce

MINI PANCAKES ^{549Kcal} 9⁹⁵

mini Dutch pancakes served with strawberries, banana, blueberries, grapes, fresh mint, sour cream and strawberry jam

SLICED

CARROT CAKE ^{V1 N 380Kcal} 5⁹⁵

RED FRUITS CHEESECAKE ^{690Kcal} 6⁹⁵

BANANA BREAD ^{N 308Kcal} 4⁹⁵

BUTTERMILK SCONE PLAIN ^{582Kcal} 6⁵⁰

CHOCOLATE BOMB ^{618kcal} 6⁹⁵

Organic Hot Drinks

Choose organic dairy milk, oat, almond and coconut milk free of charge. Decaf available.

CLASSICS

ESPRESSO 2⁹⁵

MACCHIATO 3⁶⁰

LONG BLACK 4¹⁰

FLAT WHITE 4³⁵

CAPPUCCINO 4³⁵

LATTE 4³⁵

MOCHA 4⁹⁵

BELGIAN HOT CHOCOLATE 4⁹⁵

POT OF TEA 3⁷⁰

English Breakfast • Earl Grey • Green Tea • Jasmine Tea

Chamomile • Fresh Mint • Rooibos • Masala

SPECIALITY

CHAI LATTE 4⁶⁰

MATCHA LATTE 4⁶⁰

EXTRA SHOT 1⁰⁰

SYRUPS ^{GF} 0⁵⁰

• vanilla • caramel • hazelnut ^N

ICED DRINK

ICED LATTE 4⁶⁰

ICED CHAI LATTE 4⁶⁰

ICED MATCHA LATTE 4⁶⁰

Organic Cold Drinks

COLD PRESSED JUICES & SMOOTHIES

240ml | 340ml

• orange juice 4²⁵ | 4⁹⁵

• apple juice 4²⁵ | 4⁹⁵

• carrot & ginger juice 4²⁵ | 4⁹⁵

HOUSE MADE SPECIALTIES (carafe 500ml)

• homemade green tea 5⁶⁰

• with peach puree +1⁰⁰

• homemade lemonade 5⁶⁰

KARMA ORGANIC SOFT DRINKS

3⁹⁵

• Cola • Lemonade • Gingerella

330ml | 750ml

HARROGATE SPRING STILL WATER 3⁰⁰ | 4⁶⁰

HARROGATE SPRING SPARKLING WATER 3⁰⁰ | 4⁶⁰

ORGANIC BEERS, WINES & BUBBLES

BOTTLED BEER

FREEDOM LAGER 33CL (4.8%) 4⁹⁵

DOLDEN NULL IPA 33CL (low alcohol 0.5%) 4⁹⁵

GASPING GOOSE CIDER ^{GF} 33CL (5.8%) 4⁹⁵

RIEDENBURGER WEISSE 50CL (5.2%) 5⁹⁵

WHEATBEER

DRAFT

4¹⁰ | 6⁶⁵

LAGER ½ pint | pint (4%)

a sophisticated lager with a slightly fruity taste

FREEDOM PALE ALE ½ pint | pint (4.1%)

a confident ale with a dry bitterness and hints of lime and tropical fruits

SPARKLING WINE

125ml | 750ml

PEACH BELLINI 7⁹⁰

GIOL PROSECCO SPUMANTE NV ^V 7⁵⁰ | 29⁹⁵

vibrantly fruity, well balanced with flavours of pear, peach and apple

WHITE WINE

175ml | 250ml | 750ml

BOHEM AIREN, SAUVIGNON BLANC ^V 6⁹⁵ | 9⁹⁵ | 29⁹⁵

sprightly and crisp with bright, clean citrus flavours

PICPOUL DE PINET, 6⁹⁵ | 9⁹⁵ | 29⁹⁵

DOMAINE PETIT ROUBIE ^V

ripe and vibrant with bundles of Mediterranean charm

ROSÉ

DOMAINE ROUSSET ROSÉ FRUITÉ, 6⁹⁵ | 9⁹⁵ | 29⁹⁵

HAUTES PROVENCE ^V

delicate strawberry and cranberry fruits with refreshing acidity

RED WINE

BOHEM TEMPRANILLO, GARNACHA ^V 6⁹⁵ | 9⁹⁵ | 29⁹⁵

soft crushed raspberries with delicate cherry aromas

CÔTES DU RHÔNE, 6⁹⁵ | 9⁹⁵ | 29⁹⁵

MAISON PLANTEVIN ^V

full bodied and rich with deep, earthy berried fruits