

Quality

Simplicity

Conviviality

Authenticity

Breakfast & Brunch

EGG,* CHEDDAR & AVOCADO BREAKFAST SANDWICH 610 CAL with tomato-pepper jam, served with a green salar	12.75
· with bacon +180 CAL	+3
TOASTED HAM & GRUYÈRE CROISSANT 540 CAL served with a trio of mustard and a green salad	12.75
· with an organic egg* +80 CAL	+3.25
SUNNY-SIDE BREAKFAST BOWL (N) 590 CAL organic sunny-side egg,* avocado, caramelized onion, roasted Brussels sprouts and sweet potato, farro, massaged kale, citrus-cumin salt, pistachio dukkah, served with our artisanal bread	16
DUTCH MINI-PANCAKES 560 CAL with banana, maple butter, powdered sugar	12.75
WARM BELGIAN WAFFLE 500 CAL	11.75

Fresh Fruits & Jogurt YOGURT GRANOLA PARFAIT (N) 470 CAL 11.75

FRESH FRUIT SALAD (V) 90 CAL 7.75 selection of seasonal fruit	organic Greek yogurt, granoia, fresh fruit	
		7.75

ORGANIC STEEL-CUT OATMEAL (V)

with fresh berries and whipped cream

$\boldsymbol{\cdot}$ with fresh berries and milk of choice $ 180280\; \text{CAL}$	9.25
· with honey walnuts, banana, maple syrup,	9.25
and milk of choice (N) 320-420 CAL	

CHIA SEED PUDDING (V) (N) | 590 CAL coconut milk, maple syrup, chia seeds, seasonal compote

Organic Eggs

ROASTED CAULIFLOWER &

CHEDDAR FRITTATA | 420 CAL

oven-baked omelette, served with a small green sa	alad
TWO SOFT-BOILED EGGS* 160-890 CAL	10.75
SKILLET-BAKED EGGS* WITH AVOCADO, TOMATO & FETA 390 CAL	14.2
SKILLET-BAKED EGGS* WITH BACON & SCALLIONS 290 CAL	14.2
THREE EGG SCRAMBLE 270 CAL served with a small green salad	12.75
OMELETTES served with a small green salad Substitute with egg whites 140 CAL	+3.2
AVOCADO & TOMATO OMELETTE 580 CAL with tomato-pepper jam	15.
SMOKED SALMON* OMELETTE 580 CAL with Greek yogurt	18
HAM & GRUYÈRE OMELETTE 430 CAL	17.5
MUSHROOM & GOAT CHEESE OMELETTE 400 CAL	16.5

From Our Bakery

CROISSANT 260 CAL	4.5
PAIN AU CHOCOLAT 310 CAL	5
PAIN AUX RAISINS 320 CAL	5
BUTTER BRIOCHE 350 CAL	5
HAZELNUT FLÛTE (N) 340 CAL	5
ALMOND CROISSANT (N) 530 CAL	5.25
CHOCOLATE ALMOND CROISSANT (N) 580 CAL	5.5
CHEESE DANISH 300 CAL	5
APPLE TURNOVER 250 CAL	5
CHIA SEED MUFFIN 450 CAL	5
BLUEBERRY MUFFIN (V) 490 CAL	5
PUMPKIN MUFFIN (\$)	5
PUMPKIN TWIST (S)	5
QUINOA SPELT SCONE (N) $ $ 500 CAL	5.25

01

Sides	
BREAD 110-650 CAL	5.5
sourdough wheat, sourdough rye,	
baguette, superseed, or five grain & raisin	
AVOCADO MASH 370 CAL	6.75
HUMMUS 390 CAL	6.75
BACON 150 CAL	6.25
PROSCIUTTO 110 CAL	6.75
HAM & GRUYÈRE 320 CAL	8.75

Flatbreads

	Timbe Nomana paratead, made men anorene granis a our	sour doug
黨	ROASTED VEGGIES & FETA (N) 870 CAL roasted red pepper, tomato & walnut spread, roasted sweet potato & cauliflower, arugula, pickled onions, feta, sweet harissa oil	16
	· with grilled chicken +60 CAL	+5
***	TWO BAKED ORGANIC EGGS* 690 CAL herbed Greek yogurt spread, grape tomatoes, arugula, citrus-cumin salt, sweet harissa oil	14.75

Tartines

1000	
Signature open-faced sandwiches, made on our sourdough	wheat
Substitute with superseed bread 230 CAL	+2
AVOCADO TOAST (V) 590 CAL avocado mash, citrus-cumin salt, chia seeds, side of marinated kale	14.5
 with an organic egg* +80 CAL with smoked salmon* +50 CAL 	+3.25
CHICKEN & MOZZARELLA MELT 460 CAL fresh mozzarella, chicken, tomato-pepper jam, basil	16.5 oil
TURKEY, BACON & AVOCADO 590 CAL turkey, bacon, tomato, avocado, arugula, herb aioli	16.5



SMOKED SALMON* | 540 CAL

OUR COMBOS

BAKER'S LUNCH 590-680 CAL	17.5
half of an avocado toast, a small quinoa &	
arugula salad, and a cup of soup of your choi	ce
· select two 350-440 CAL	13.75

Candwiches

300000000	
Served with a small green salad 90 CAL	
TOMATO & MOZZARELLA 410 CAL with basil oil, tomato, arugula, balsamic vinegar on olive ciabatta	14
PROSCIUTTO & MANCHEGO 410 CAL with dried figs and mustard butter on a French roll	15.5
HAM & GRUYÈRE 430 CAL with mustard and cornichons on a French roll	15.5
\mathcal{C}	

Served with our artisanal bread | 200 CAL

with vegetables, quinoa, spicy harissa	7.25 / 9.25
ORGANIC LENTIL SOUP (V) 230-460 CAL	7.25 / 9.25
SOUP OF THE DAY 60-420 CAL	7.25 / 9.25

Salads & Quiches

GRILLED CHICKEN COBB 610 CAL chicken, avocado, bacon, Fourme d'Ambert, cucumbe hard-boiled egg, mixed greens, smoked tea vinaigrette served with our artisanal bread	
WARM GRAIN BOWL (N) 680 CAL warm farro, massaged kale, roasted sweet potato and Brussels sprouts, goat cheese, pickled cranberries honey walnuts, served with our artisanal bread	16.5
with grilled chicken +60 CAL	+5
BLACK LENTIL BOWL (V) (N) 480 CAL balsamic beets, hummus, lentils, grape tomatoes, mixed greens, pistachio dukkah, vinaigrette, spicy tahini, served with our artisanal bread	16.5
· with smoked salmon* +50 CAL +	5.25
MEDITERRANEAN CAESAR 570 CAL grilled chicken, Niçoise olives, bell pepper, feta, croutons, romaine, kale, caesar dressing, zhug, served with our artisanal bread	18.75
QUINOA & AVOCADO (V) 580 CAL organic quinoa, fresh herbs, chickpeas, cucumber	16.5

	0-	
NEW	QUINOA & AVOCADO (V) 580 CAL organic quinoa, fresh herbs, chickpeas, cucumber	16.
M	organic quinoa, fresh herbs, chickpeas, cucumber	
	& tomato salad, radish, house basil vinaigrette, served with our artisanal bread	
	Served With our dreisdrid bredd	

QUICHE LORRAINE 540 CAL	16
buttery crust filled with savory custard, ham, Gruyère, leeks, served with a small green salad	
MUSHROOM & GRUYÈRE QUICHE 590 CAL	16

buttery crust filled with savory custard, roasted $\,$ mushrooms, served with a small green salad

Desserts

CHOCOLATE CHIP CROOKIE (\$)	6.75
CHOCOLATE PECAN PUMPKIN CROOKIE (N) (S)	6.75
PEPPERMINT CHOCOLATE CROOKIE (\$)	6.75
CHOCOLATE CHIP COOKIE 710 CAL	5.25
DOUBLE CHOCOLATE CHIP COOKIE 250 CAL	4.25
BELGIAN CHOCOLATE BROWNIE 580 CAL	5.5
MINI BROWNIE 170 CAL	3.25
MINI APRICOT CAKE (N) 140 CAL	3.25
MINI CARROT CAKE (V) 150 CAL	3.25
MINI BANANA CHOCOLATE CAKE (N) $ $ 160 CAL	3.25
COCONUT MACAROON (N) 230 CAL	3.25
MOUSSE CAKE (N) 470 CAL	8
LEMON TART 460 CAL	7.5
MIXED BERRY TART (N) 430 CAL	8.75
PASSIONFRUIT TART 510 CAL	7.5
APRICOT PISTACHIO TART (N) 380 CAL	7.5
PEAR ALMOND TART (N) 430 CAL	7.5
CANELÉ 180 CAL	3.75
FRENCH CREAM DOUGHNUT 550 CAL	6.5
PUMPKIN CREAM DOUGHNUT (\$)	6.5
$MAPLEPECANTART(\mathbf{N})(\mathbf{S})$	8

Hot Beverages

- with oat milk or almond milk (\mathbf{N}) • add vanilla syrup | +30 CAL

CLASSICS	
COFFEE 0 CAL	4.
CAPPUCCINO 60-130 CAL	5.5 / 6.
LATTE 60-140 CAL	5.5 / 6.
CAFÉ AU LAIT 40-110 CAL	5/
ESPRESSO 0 CAL	3.75 / 4.7
AMERICANO 0 CAL	4.25 /
MACCHIATO 20-160 CAL	4.25 /
TEA 0 CAL Ask your server about our tea selection	4.
SPECIALTY	

SPECIALTY	
BELGIAN MOCHA 170-300 CAL	6/
BELGIAN HOT CHOCOLATE 180-320 CAL	5.25 / 6
MATCHA LATTE 60-140 CAL	6/
HONEY LEMON GINGER 90-200 CAL	5.25 / 6
CHAI LATTE 80-380 CAL	6.25 / 3
PUMPKIN SPICE LATTE (\$)	6/

Cold Beverages			
COLD BREW COFFEE 0 CAL	5.5		
ICED LATTE 30-110 CAL	6		
ICED PUMPKIN SPICE LATTE (\$)	6.5		
ICED MATCHA LATTE 60-140 CAL	6.25		
ICED TEA 0 CAL	4.5		
ICED GREEN TEA 0 CAL	4.5		
ORANGE JUICE 120 CAL	5		
APPLE JUICE 150 CAL	5		
STILL OR SPARKLING WATER 0 CAL	3.5		

Homemade Lemonades

LEMONADE 60 CAL	4.5
LEMONADE ICED TEA 40 CAL	4.75
MINT LEMONADE 60 CAL	5.25

*Consuming raw or undercooked ingredients may increase your risk of foodborne illnesses.

2,000 calories a day is used for general nutrition, but calorie needs vary. Additional nutritional information upon request.

FOOD ALLERGENS: If you have a food allergy, please speak to the manager or your server. Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, MILK, SOY, FISH, SHELLFISH & SESAME. (V) Vegan (N) Contains Nuts (S) Seasonal Item